

Jacob Anthony Stephen Thompson

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Education

Franklin College, Franklin Indiana
Major: Exercise Science
GPA: 3.2

Expected Graduation May of 2021
Minor: Fitness

Skills

- Exercise Prescription
- Exercise Program Design
- Excel
- Powerpoint

Experience

Athletico Physical Therapy, Franklin, IN, Rehabilitation Aide, Intern 01/20-04/20, 01/21-Present

- Led patients through rehabilitation workouts
- Kept client log up to date and organized
- Gained over 120+ hours of shadowing experience

Salem High School, Salem, IN, Volunteer Assistant Men's Soccer 06/18-07/18

- Coached Salem High School Men's Soccer Team
- Taught soccer lessons to high schoolers with skill levels
- Attended sessions five times a week
- Managed thirty high schoolers ages thirteen to eighteen years old

Salem High School, Salem, IN, Job Shadowing 01/18-05/18

- Gained 20+ hours of shadowing experience with an Athletic Trainer
- Attended high school practices three times a week
- Assisted in guiding student athletes through rehabilitation workouts

Extracurricular Activities

Special Olympics Polar Plunge, Volunteer, Salem, IN 01/14-Present

- Raised over \$300 individually every year and recruited over 50 athletes/students to participate

Special Olympics Track and Field/Basketball, Volunteer, Salem, IN 01/14- Present

- Developed communication skills needed to work with people with disabilities
- Worked with athletes to improve skills in track and field and basketball

Franklin College Soccer, Player 08/17-04/21

- Captained team during senior season
- Exercise design and prescription for over 30 male soccer players

Achievements

- Honorable Mention All-HCAC Men's Soccer 2021
- Deans List two semesters (02/20-05/20), (08/20-12/20)
- Raised money and participated in the 2018 Washington County Special Olympics Polar Plunge
- Raised money and participated in the 2016 and 2017 Unified Special Olympics Basketball in Salem IN